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INJECTION GUIDE FOR PATIENTS

At ArthroBiologix Inc., our commitment is to deliver the safest and most effective treatment for your orthopaedic condition through cutting-edge injection treatments. This guide aims to equip you with comprehensive information about your injection treatments, and we encourage you to thoroughly review it before your scheduled sessions.

Our range of injections at ArthroBiologix Inc. spans various types, including, but not limited to, corticosteroids, hyaluronic acid, platelet-rich plasma, prolotherapy (10-25% Dextrose), sterile alcohol, anesthetics (Marcaine, Lidocaine), normal saline, and an array of combination therapies.

Your physician or physician assistant will discuss the specific indications for each injection based on your orthopedic condition. We encourage you to pose any questions you may have, allowing you ample time to explore and understand the available injection treatments suitable for your condition.

While complications from injections are rare, it is imperative to understand the potential risks and complications associated with injection therapies before undergoing treatment. The following highlights some potential risks and complications:

Infection, swelling, acute and chronic pain, scarring, discoloration, atrophy, weakness, compartment syndrome, functional loss, numbness, nerve damage, arthritis, stiffness, fracture, allergic reactions, seizures, necrosis, osteopenia, flushing, high blood sugar, insomnia, lightheadedness, fainting, mood changes, hypotension, hypertension, tendon rupture, immune suppression, edema, erythema, itching, bleeding, and bruising.

Please note that this list is not exhaustive, and specifics may vary for different injection types. For more information, please speak with your physician or physician assistant.

Beyond understanding the potential risks, it is crucial to grasp the consequences of treatment, the implications of declining treatment, and the recommended aftercare protocol. If you choose to proceed with treatment speak with your physician or physician assistant about potential consequences.

Please follow aftercare instructions as provided to your physician and physician assistant. Keep the injection site clean for 24-48 hours, avoiding water exposure, dirt, and debris. Maintain a dry and clean injection site as much as possible. Refrain from strenuous activities to allow the site to rest, applying cold compression and elevating the limb for the next 2-3 days. Follow your physician's or physician assistant's instructions regarding pain medications.

In the event of emergency symptoms such as chest pain, shortness of breath, loss of consciousness, blurred vision, disoriented speech, confusion, sudden extreme weakness, excessive bleeding, fever, chills, sweats, severe pain, and worsening redness around the injection site, seek immediate medical attention at the ER. Your well-being is our top priority.