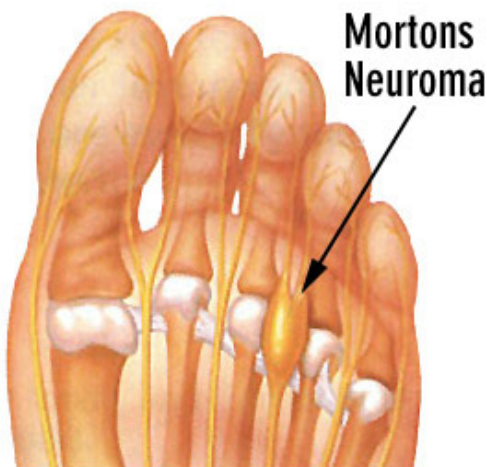


Intermetatarsal Neuroma (Morton's Neuroma)

Pain in the ball of the foot and into the toes

A neuroma is a benign nerve tumor, often caused by recurrent inflammation and repetitive trauma. Symptoms are described as pain with burning, tingling or numbness into the toes with a sensation of “walking on a pebble”.

Symptoms are worsened by prolonged activity on hard surfaces and wearing tight or heeled shoes.



Treatment focuses on cushioning the forefoot and offloading the neuroma.

This is achieved with a custom orthotic and metatarsal pad to offload the neuroma and surrounding structures.